Partners in Suicide Prevention Annual Report

FY2010-2011

Contents

Partners in Suicide Prevention Summary Strengths Recommendations Tables

Partners in Suicide Prevention Team:

The Partners in Suicide (PSP) Team for Children, Transition Age Youth (TAY), Adults, and Older Adults is funded by Proposition 63, the Mental Health Service Act (MHSA). This innovative program offered by the County of Los Angeles Department of Mental Health is designed to increase public awareness of suicide and reduce stigma associated with seeking mental health services and substance abuse services. The Team offers education, identifies appropriate tools, such as evidence-based practices, and provides linkage and referrals to age appropriate services.

Summary:

PSP team members participated in a total of 185 Suicide Prevention events during the fiscal year 2010-2011, outreaching to more than 6,000 Los Angeles County residents (see table 1 & 2). These events included countywide educational trainings, participation in suicide prevention community events, and collaboration with various agencies and partners. PSP accomplishments included:

- Provided 11 Applied Suicide Intervention Skills Training (ASIST) programs throughout the county (see table 3).
- Attained Certification of 16 Registered ASIST Trainers (see table 3).
- Founded the Los Angeles County Suicide Prevention Network which has recruited over 40 members from a wide variety of organizations and has conducted quarterly meetings to increase collaboration and coordination of suicide prevention activities.
- Provided over 100 Educational Trainings to directly operated and contracted agencies (see table 4).
- Participated in over 20 Community events to increase suicide prevention awareness.
- Launched a Suicide Prevention link on the DMH website
- Provided CEU's for suicide prevention trainings (>2 hours) for BBS, APA, BRN and CAADAC
- Trained 16 staff to become QPR (Question, Persuade, Refer) Trainers
- Served under-represented and under-served ethnic populations (see tables 2 & 5)
- Participated with ICAN/DCFS Child Suicide Review Team at Coroner's Office

Strengths:

PSP met its annual goal of increasing public awareness on suicide prevention throughout Los Angeles County, particularly among underserved and underrepresented communities. Trainings were available in 3 different languages: English, Spanish and Korean. The majority of trainings (See table 4) targeted directly operated and contracted agencies as well as consumers and families. PSP exemplifies genuine cross-age collaboration among team members who work cooperatively and creatively together to accomplish its goals.

Recommendations:

Upon completion of staff recruitment in 2010, the PSP Team focused its efforts on responding to requests for trainings and utilized venues easily accessible and free of charge. The team has refined the development of specific trainings to various audiences and established an array of contacts. PSP goals for Fiscal Year 2011-12 include: increasing suicide prevention trainings; developing trainings on Peer to Peer models in order to target youth ages 12-18; and strategically outreaching to community organizations such as clergy, homeless shelters, community health fairs, beauticians, barber shops, primary care, military, professional schools, etc.

^{*} Full Summary (see table 5)

Countywide Program

Total Events: 185

| SA1 | Antelope Valley | 8 |
|-----|---------------------|----|
| SA2 | San Fernando Valley | 23 |
| SA3 | San Gabriel Valley | 17 |
| SA4 | LA Metro area | 43 |
| SA5 | West LA area | 12 |
| SA6 | South LA area | 13 |
| SA7 | East LA area | 28 |
| SA8 | South Bay area | 41 |

Table 2

Outreach to Diverse Ethnic Populations

- □ Served total 6,062 LA County Residents with at least 16 different ethnic backgrounds,
- □ Services with three different languages (English, Spanish and Korean)

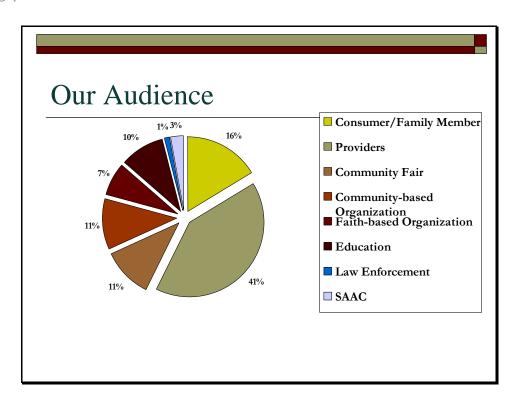
| Latino | 899 | |
|-----------------------|-------|--|
| Caucasian | 658 | |
| Korean | 638 | |
| African American | 317 | |
| API | 56 | |
| Japanese | 25 | |
| Chinese | 23 | |
| Filipino | 22 | |
| Others & not reported | 3,419 | |
| · | | |

Table 3

Applied Suicide Intervention Skills Training (July 2010 – June 2011)

| Total DMH ASIST Trainers | 16 |
|-----------------------------------|-----|
| Total Number of Trainings | 11 |
| Total Number of Participants | 333 |
| Current Registered ASIST Trainers | 11 |

Table 4



Partners in Suicide Prevention Annual Activity Report (FY 2010 - 2011)

| Age Group | Audience* | Target | | | | |
|------------------------|---------------|--------|--|--|--|--|
| Children (0-15) | 0 | 16 | | | | |
| TAY (16-25) | 2 | 37 | | | | |
| Adults (26-59) | 78 | 14 | | | | |
| Older Adult (60+) | 11 | 29 | | | | |
| Multiple | 83 | 53 | | | | |
| All | 11 | 36 | | | | |
| Meeti | ng Type | | | | | |
| Presentation | | 59 | | | | |
| ASIST | | 19 | | | | |
| Training | 56 | | | | | |
| Joined Meeting | 19 | | | | | |
| Resource Booth | 20 | | | | | |
| Advisory Committee | 3 | | | | | |
| Program Development | 1 | | | | | |
| Linkage/Consultation | 8 | | | | | |
| Audie | Audience Type | | | | | |
| Consumer/ Family Mer | 30 | | | | | |
| Providers | | 74 | | | | |
| Community-at-Large/ | 20 | | | | | |
| Community-Based Orga | 21 | | | | | |
| Clergy/ Faith-Based Or | 13 | | | | | |
| Education | 20 | | | | | |
| Law Enforcement | 2 | | | | | |
| SAAC | 5 | | | | | |

| Meeting Language | | | | | |
|-------------------------------------|------------------------|----------|-------|----|--|
| English | 154 | Spanish | | 9 | |
| Korean | 8 | Multiple | | 10 | |
| Race | /Ethnici | ty | Total | | |
| African Ar | nerican | | 319 | | |
| American | American Indian | | 5 | | |
| Asian Paci | Asian Pacific Islander | | 56 | | |
| Cambod | ian | | 5 | | |
| Chinese | | | 23 | | |
| Filipino | | | 22 | | |
| Korean | | | 638 | | |
| Japanese | | | 25 | | |
| Vietnamese | | 3 | | | |
| Eastern European/ Middle Eastern | | 2 | | | |
| Arabic | | 11 | | | |
| Armenian | | | 8 | | |
| Persian/Iranian | | | 2 | | |
| Russian | | | 0 | | |
| Caucasian (White) | | 658 | | | |
| Latino | | | 900 | | |
| Other (or not identified) | | | 3386 | | |
| Total | | 60 | 066 | | |
| Special Topics discussed | | | | | |
| | | | | | |

| Service Area | SA1 | SA2 | SA3 | SA4 | SA5 | SA6 | SA7 | SA8 |
|--------------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| Total Events: 185 | 8 | 23 | 17 | 43 | 12 | 13 | 28 | 41 |

^{*} Audience: the age group of participants in the event.

Target: the number of events where the focus of training or outreach was on a specific age group. **Race/Ethnicity**: participants self report of background. If no identification was selected, person was categorized under *Other*.